

**Lesson 3 - What Is Holy Communion?**  
**Questions and answers - Student Guide**

**Lesson Goal**

The goal of this class is to answer this question: "What is Holy Communion?"

**Pre-Class Preparation**

Read Matthew 26:17-30.

**Think**

What is the significance of the timing of the institution of Holy Communion? What makes Holy Communion a sacrament? We will try to answer these questions as we evaluate the Bible story that we read in Mark 26:17-30.

**Evaluate**

1. Who are the characters in the story?
2. What are the objects in the story?
3. Where did the story happen?
4. When did the story happen?
5. What is the problem?
6. What happened in the story?
7. Is the problem solved?

**Learn**

8. What is the main theme of the lesson?
9. What sin does this lesson lead you to confess?
10. Where do you see the love of God in the lesson?
11. What does God teach you to do in the lesson?

**Lead**

12. What would be a good situation in which to share this message?

**Additional Questions**

13. What gift do we receive through Holy Communion?
14. What four elements do we receive in Holy Communion?
15. How often does God want us to celebrate Holy Communion?
16. What does the term "Real Presence" refer to?

17. What do other churches teach in regard to the Lord's Supper?

**Lesson Wrap-Up**

18. What is Holy Communion?